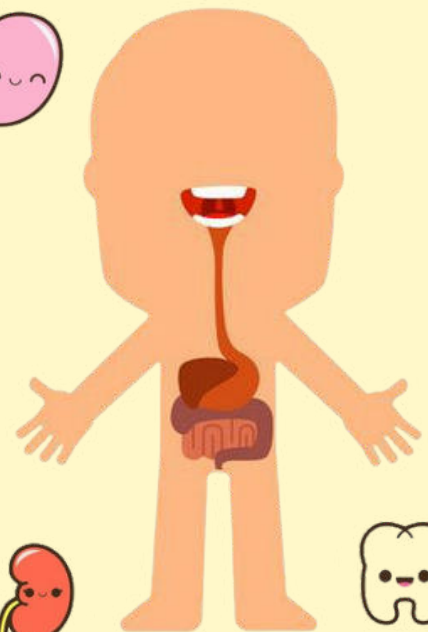
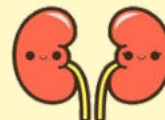
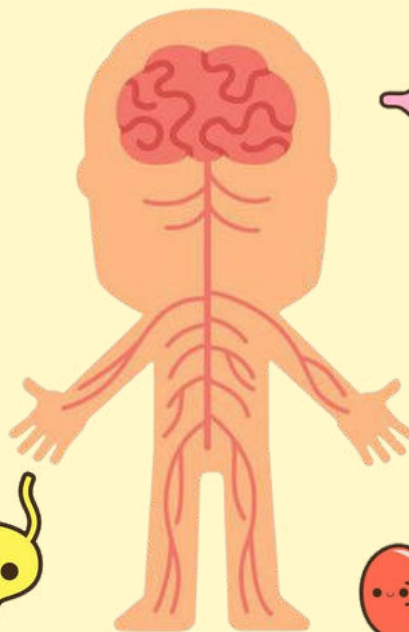
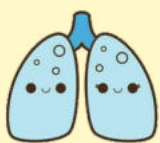
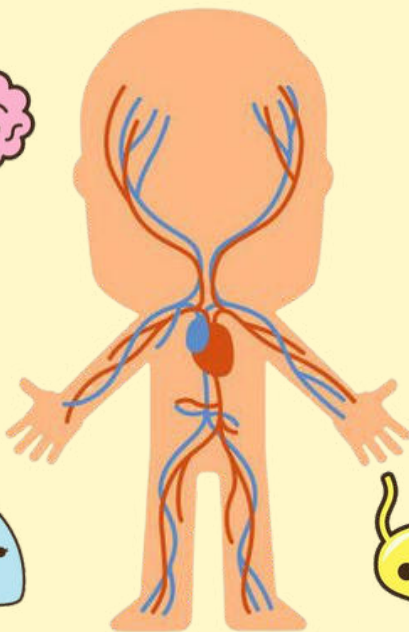


HUMAN

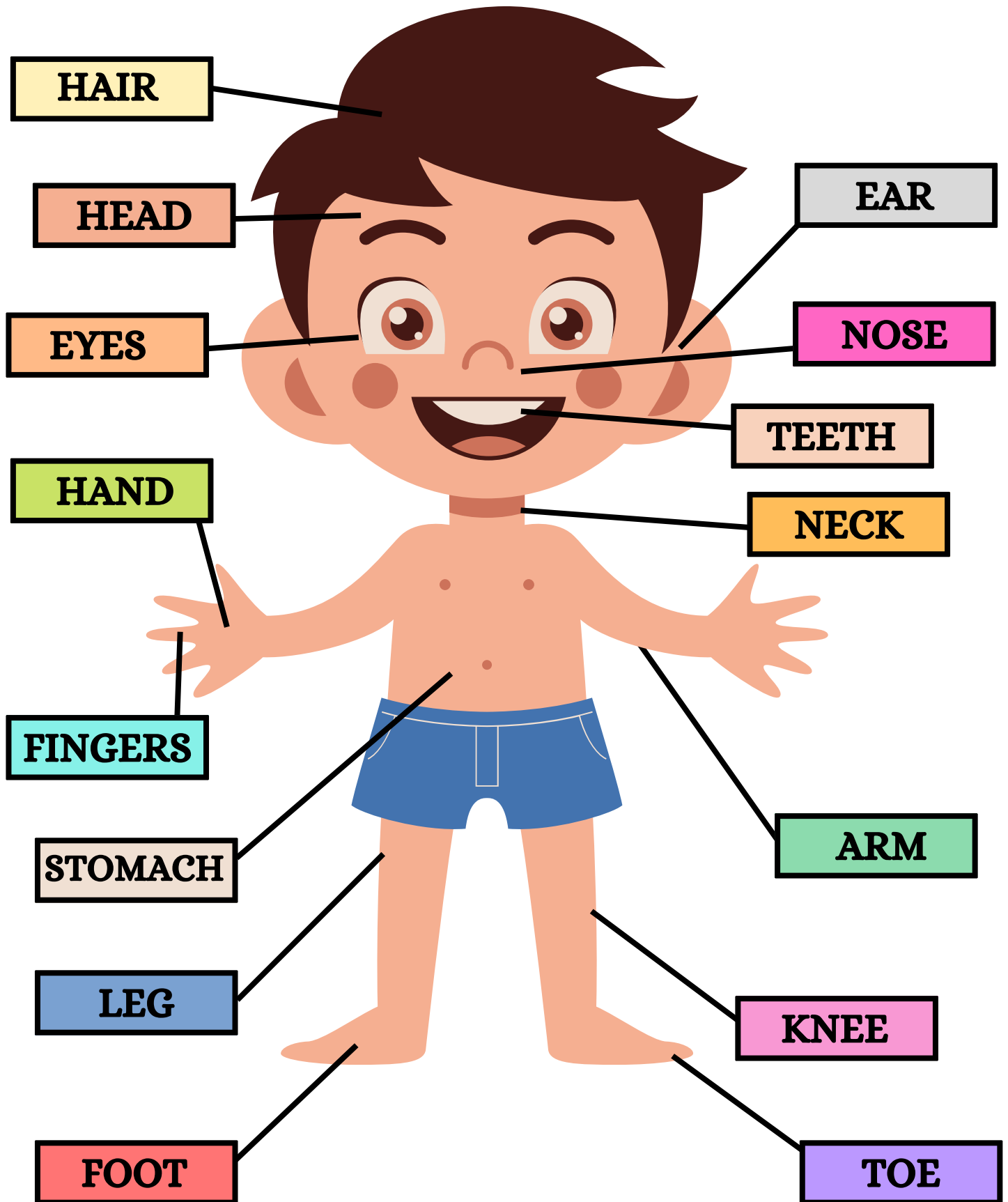
ANATOMY BUSY

BOOK

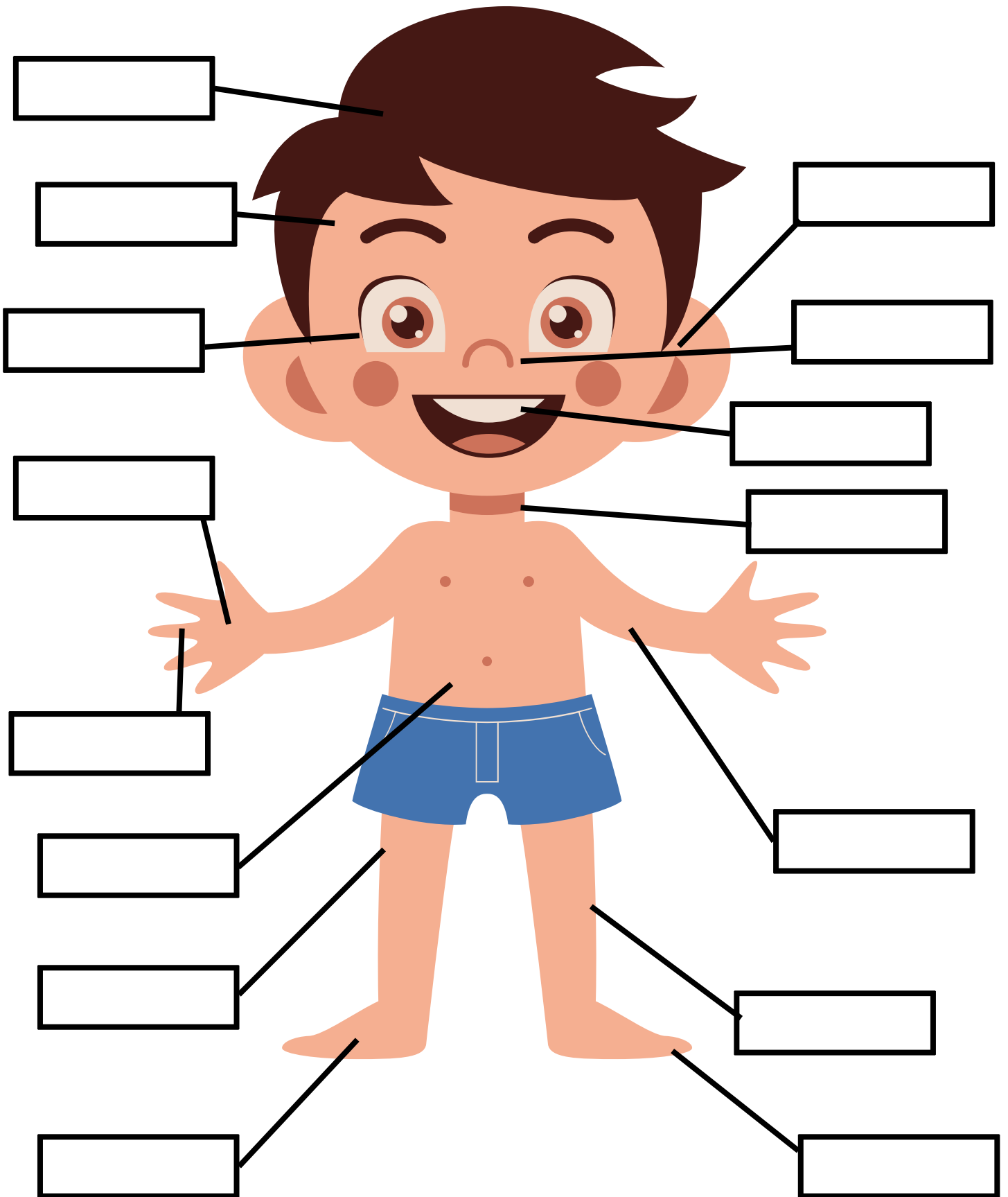
- Human Brain
- Body Organs
- Human Cells
- DENTAL HEALTH
- Human Skeleton
- Body Parts



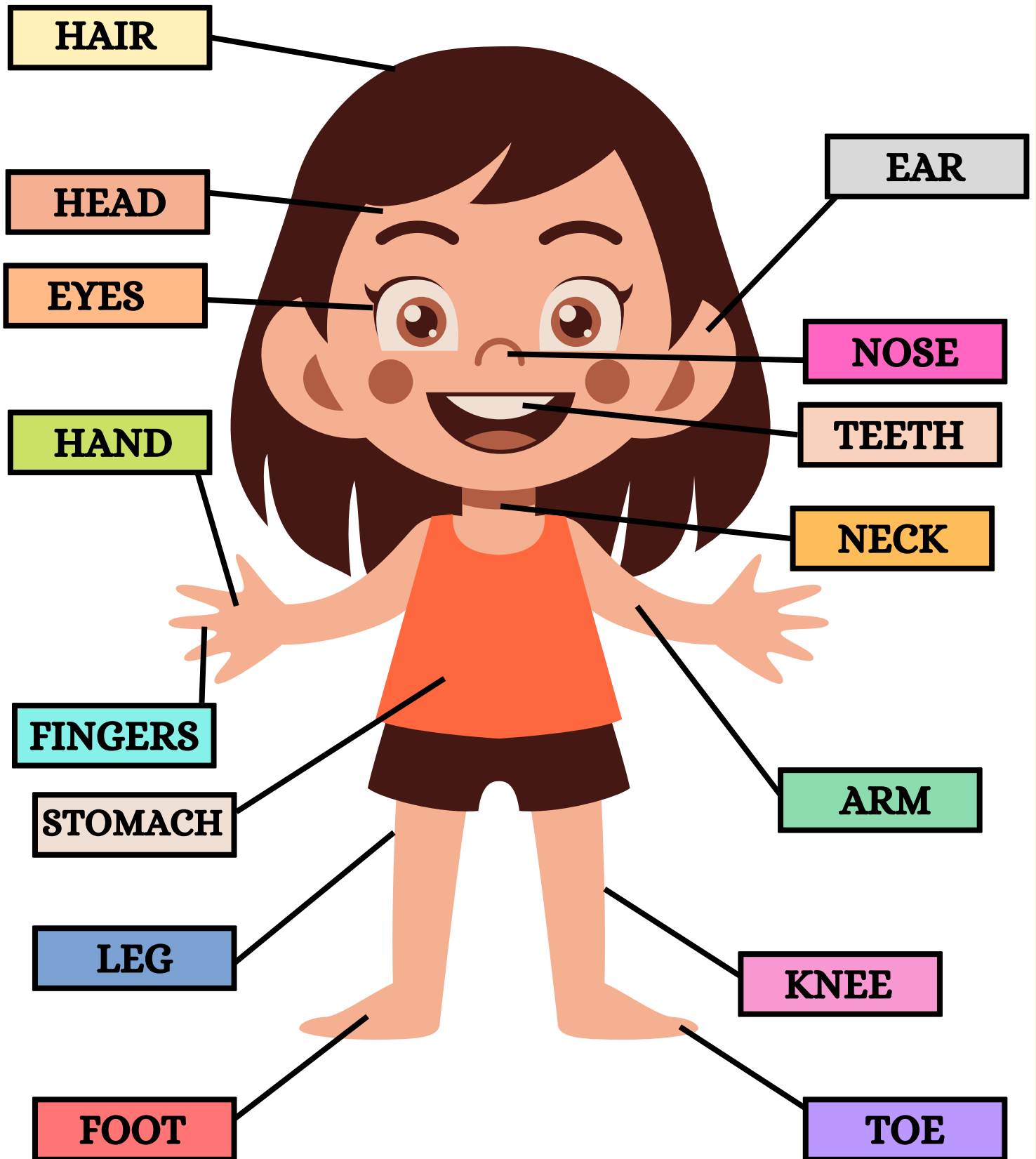
MY BODY PARTS



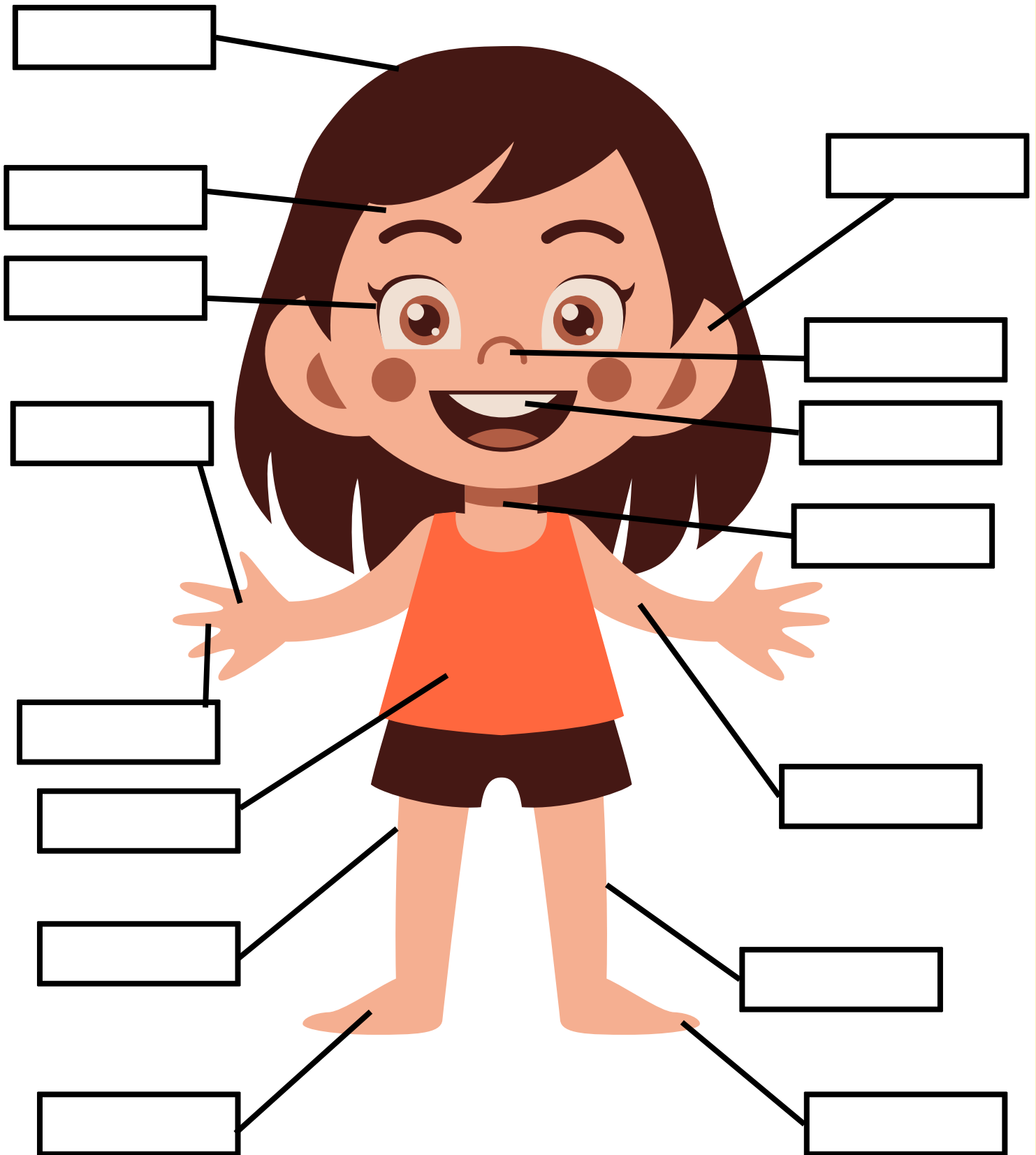
MY BODY PARTS



MY BODY PARTS



MY BODY PARTS



MY BODY PARTS



HAIR

HEAD

EYES

ARM

FINGERS

STOMACH

LEG

FOOT

HAIR

HEAD

NECK

HAND

KNEE

STOMACH

TOE

FOOT

ARM

NOSE

TEETH

FINGERS

EAR

LEG

TOE

TEETH

EAR

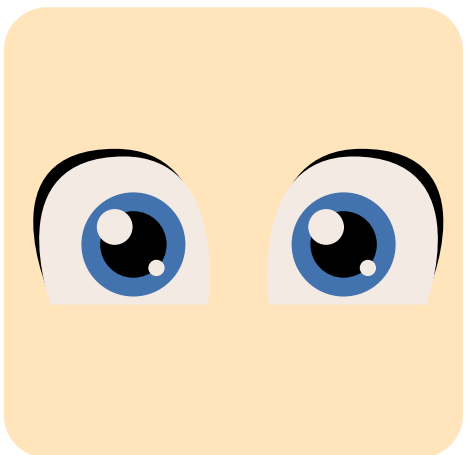
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HAND

NECK

KNEE



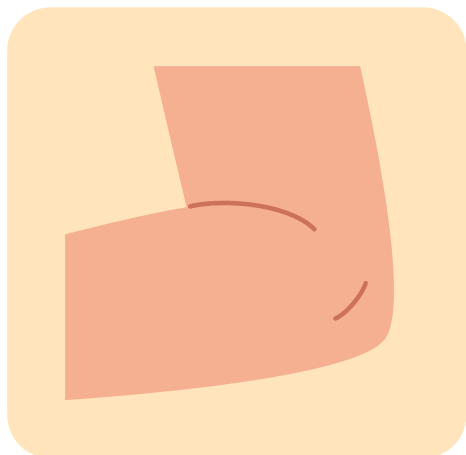
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HAIR



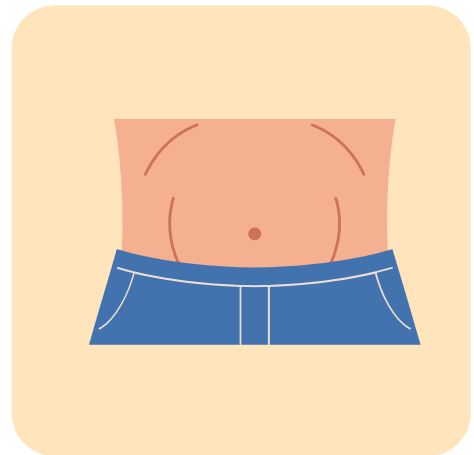
EAR



ELBOW



HEAD



STOMACH



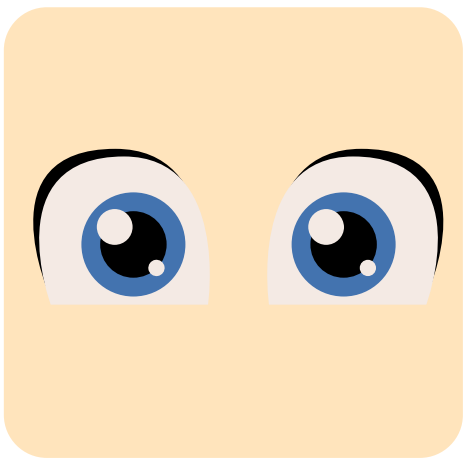
TONGUE



FINGER



TOE



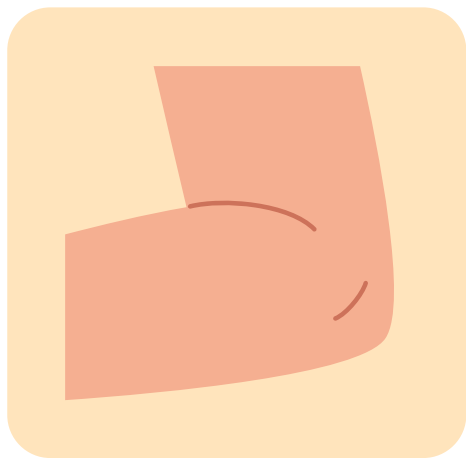
EYES



HAIR



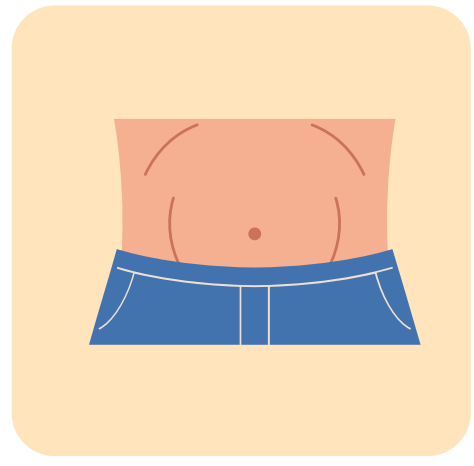
EAR



ELBOW



HEAD



STOMACH



TONGUE



FINGER



TOE



HAND



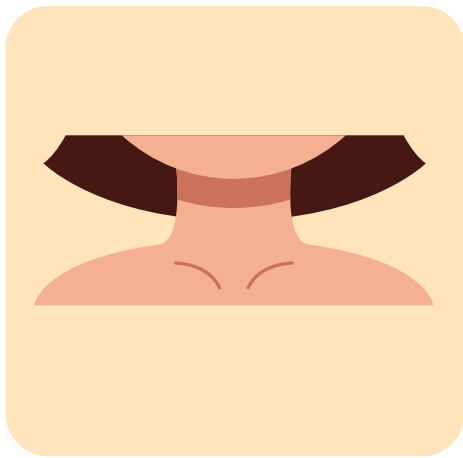
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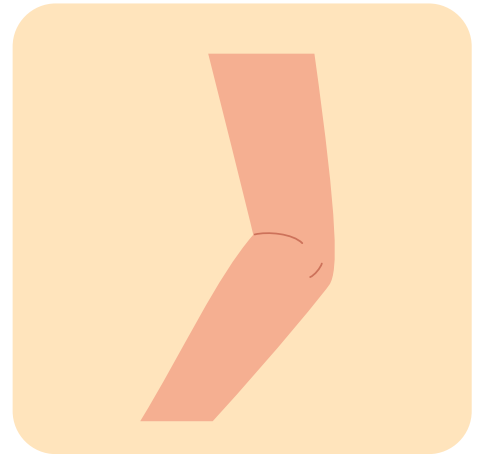
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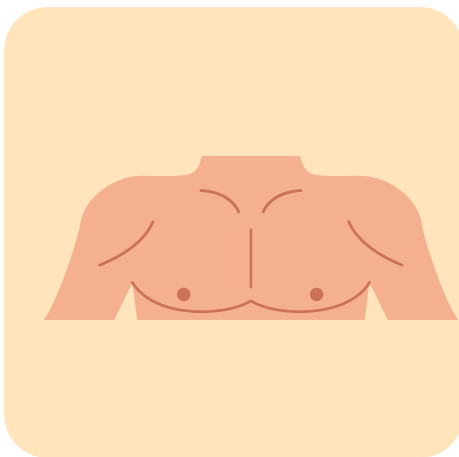
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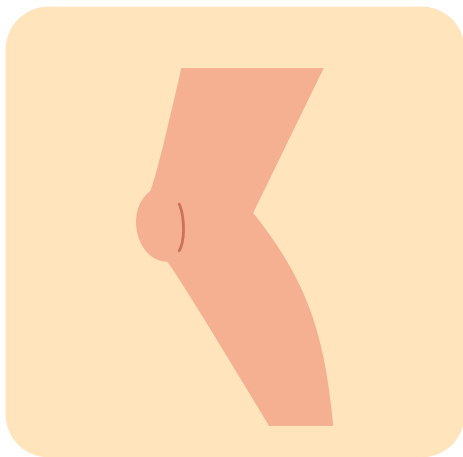
NECK



ARM



CHEST



LEG



MOUTH



HAND



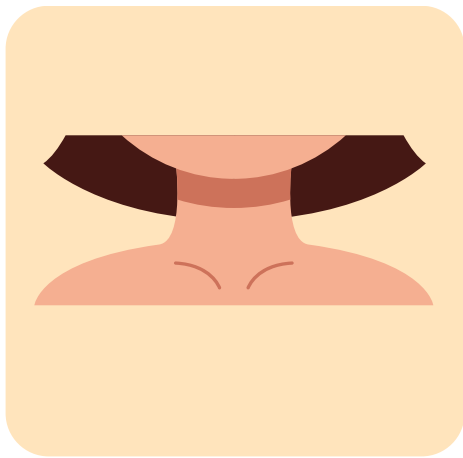
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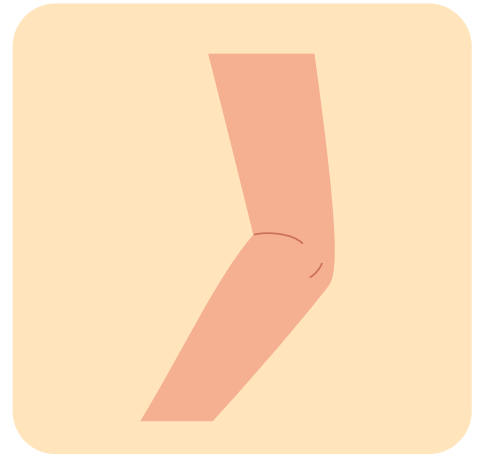
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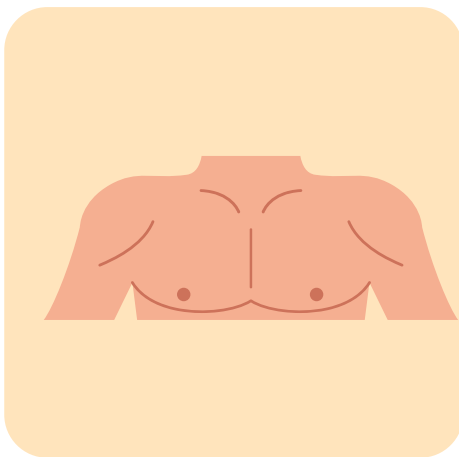
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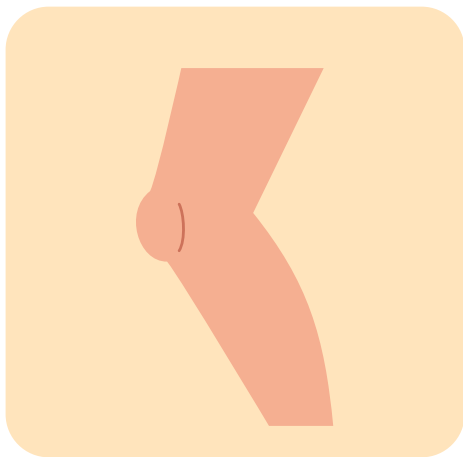
NECK



ARM



CHEST

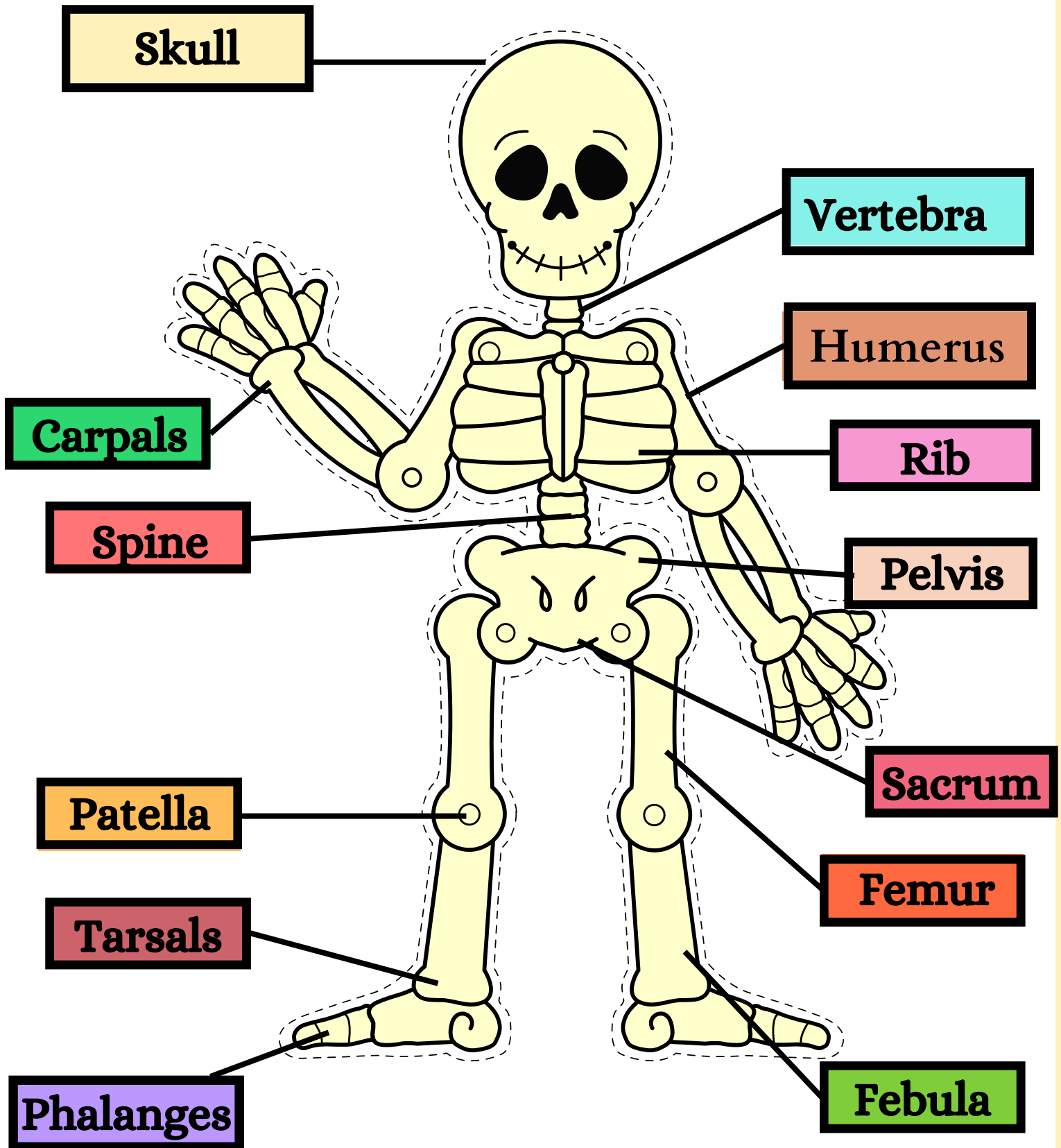


LEG

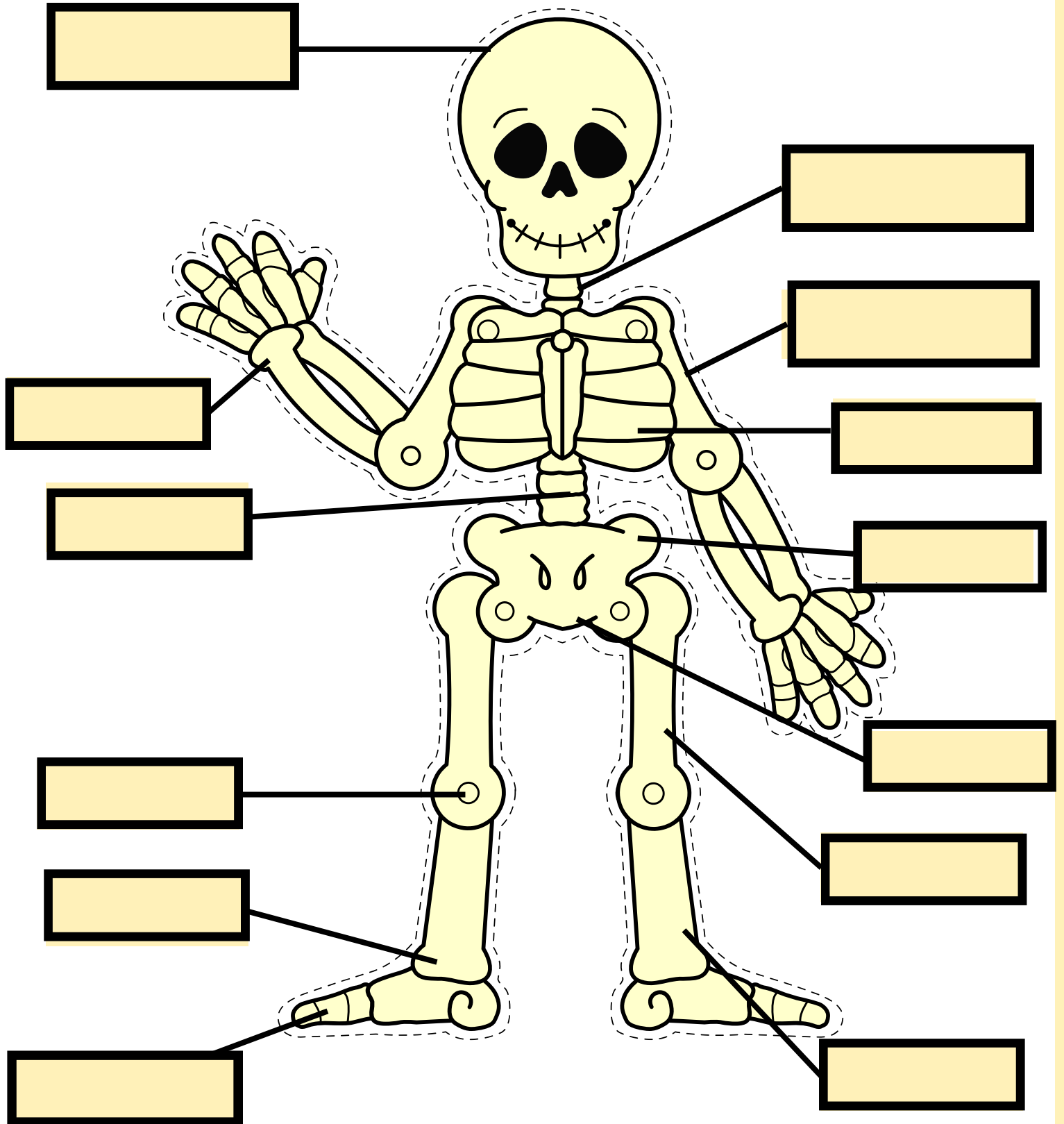


MOUTH

MY SKELETON



MY SKELETON



MY SKELETON PARTS



Carpals

Spine

Patella

Tarsals

Rib

Pelvis

Sacrum

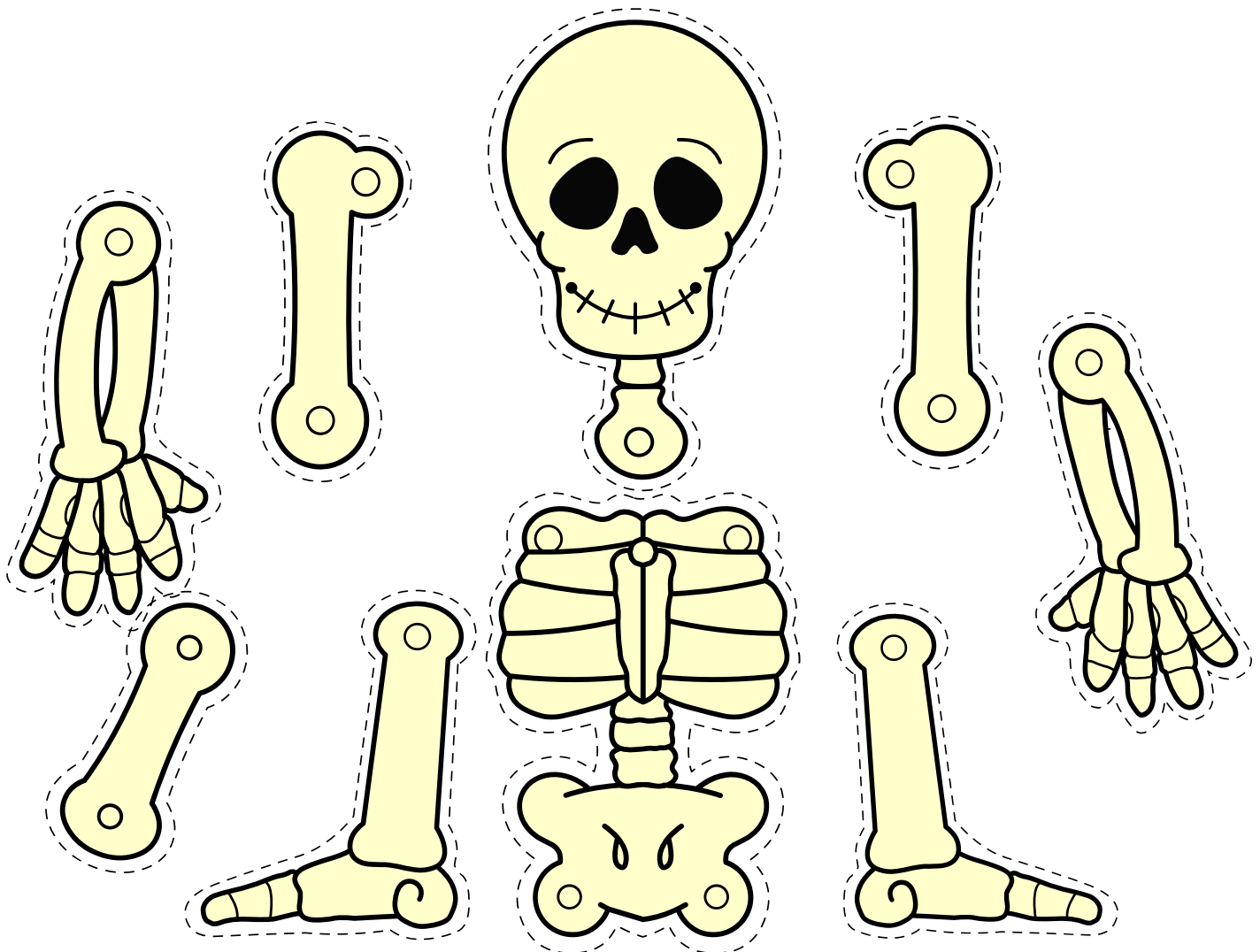
Femur

Phalanges

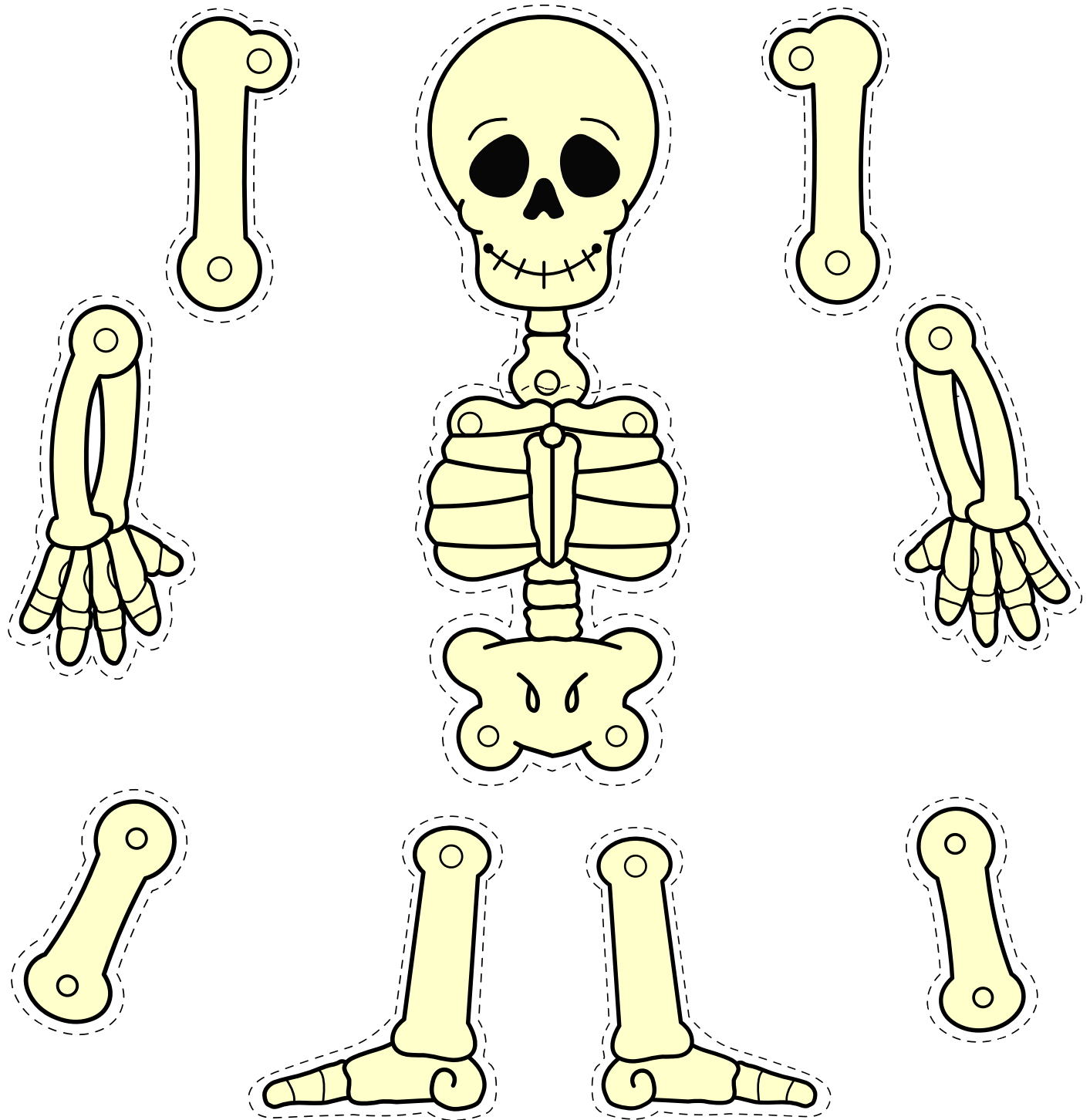
Vertebra

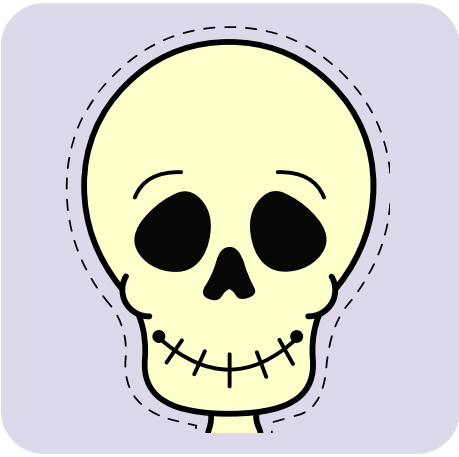
Humerus

Febula



MY SKELETON

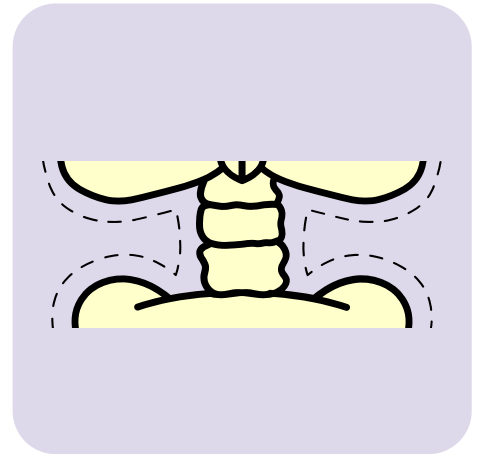




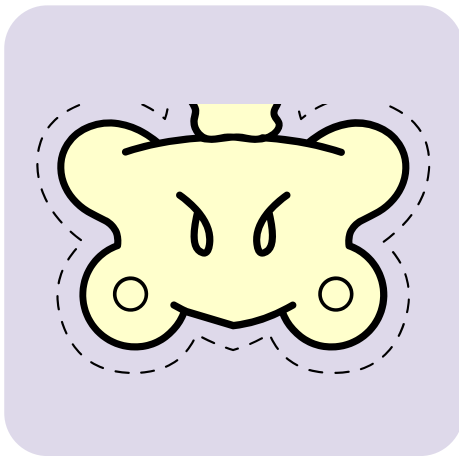
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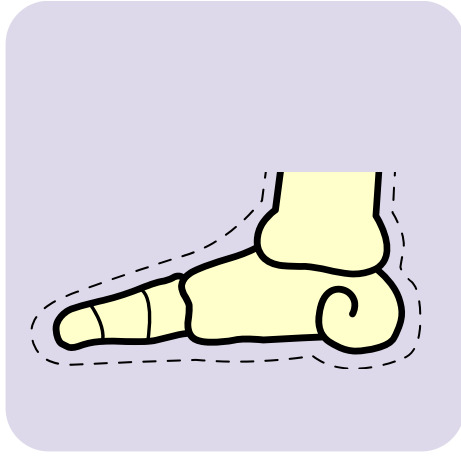
VERTEBRA



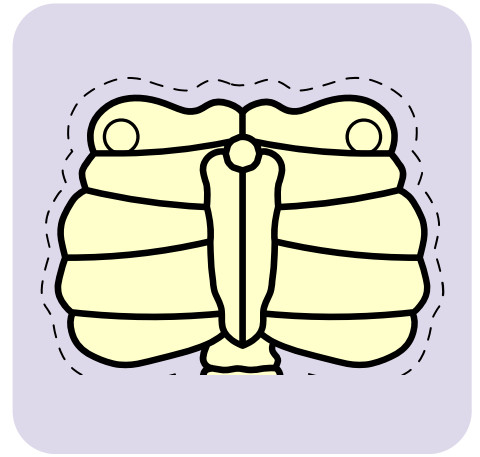
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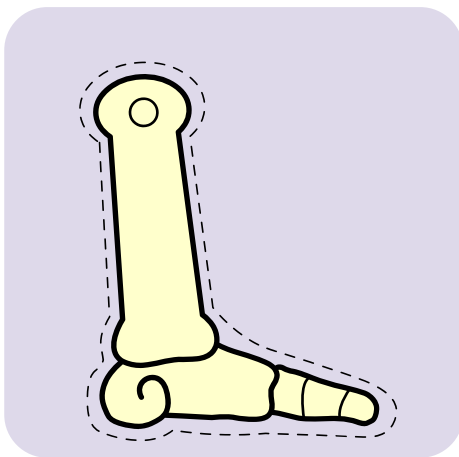
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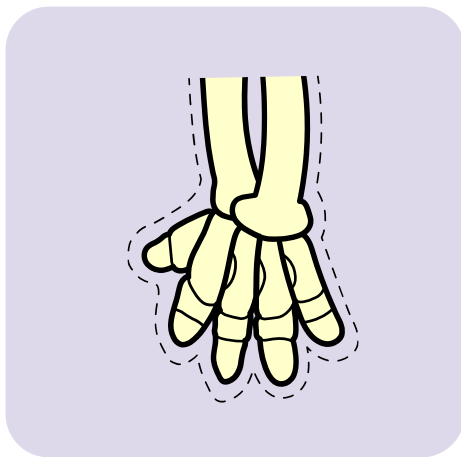
PHALANGES



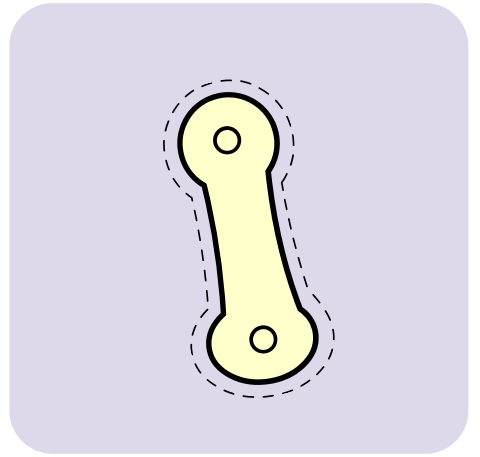
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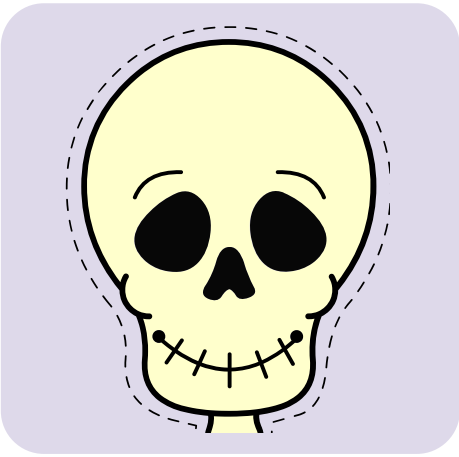
FEBULA



CARPALS



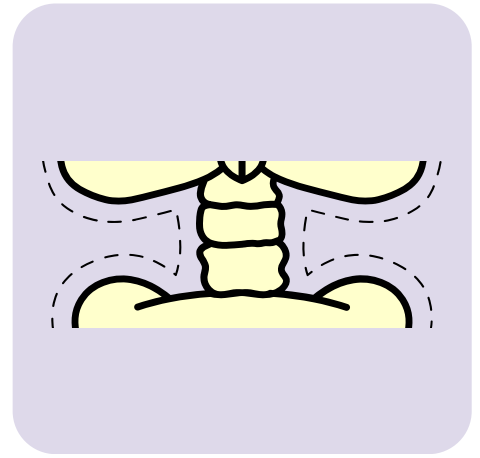
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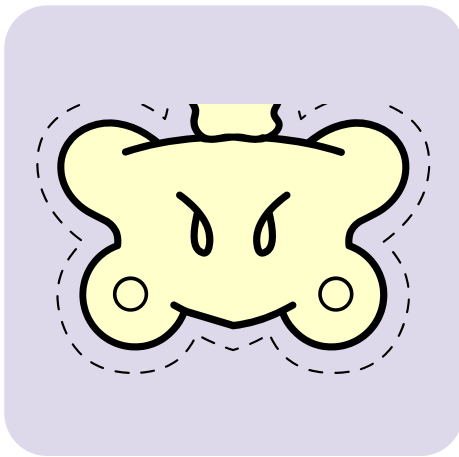
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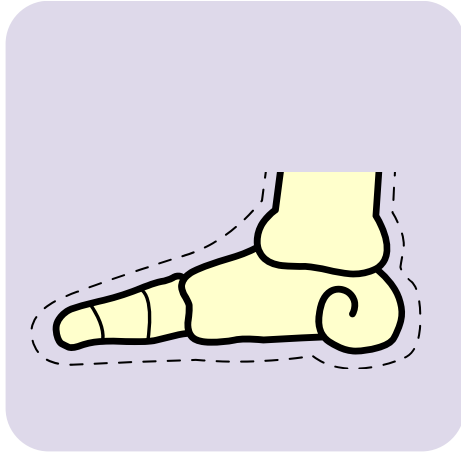
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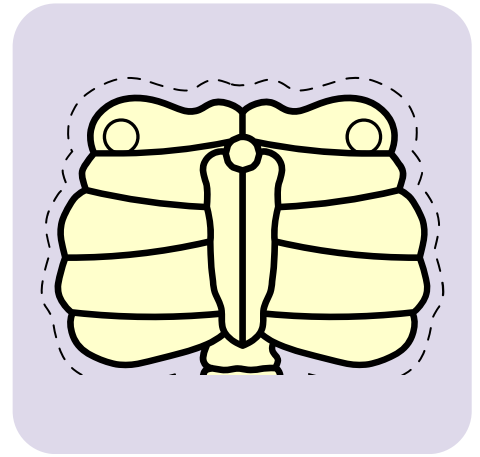
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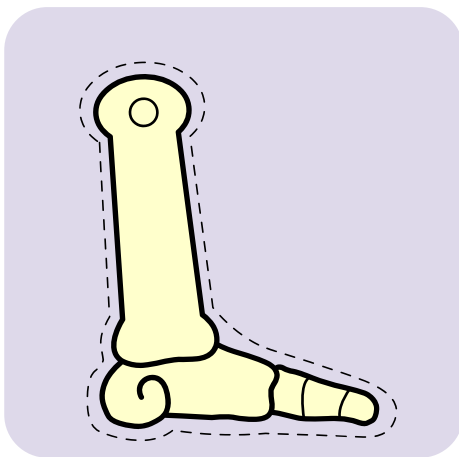
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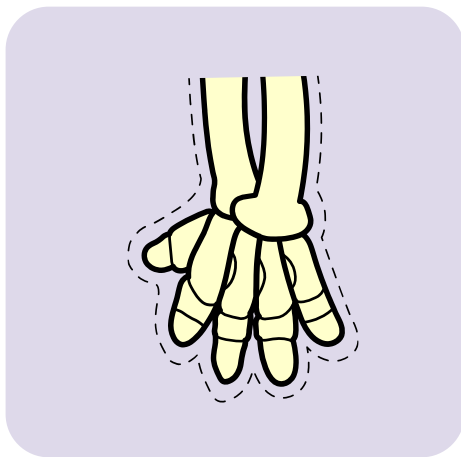
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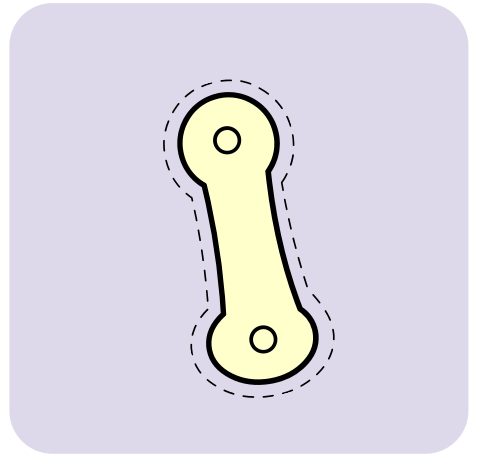
RIBS



FEBULA



CARPALS



FEMUR

MY SKELETON FUN FACT

WHO HAS MORE BONES, KIDS OR ADULTS?

A baby's body has about 300 bones at birth. These eventually fuse (grow together) to form the 206 bones that adults have. Slowly, as you grew older, everything became a bit bigger, including your bones.

WHAT ARE BONES FOR?

Bone provides shape and support for the body, as well as protection for some organs. Bone also serves as a storage site for minerals and provides the medium for the development.

THE BIGGEST BONE IN HUMAN BODY?

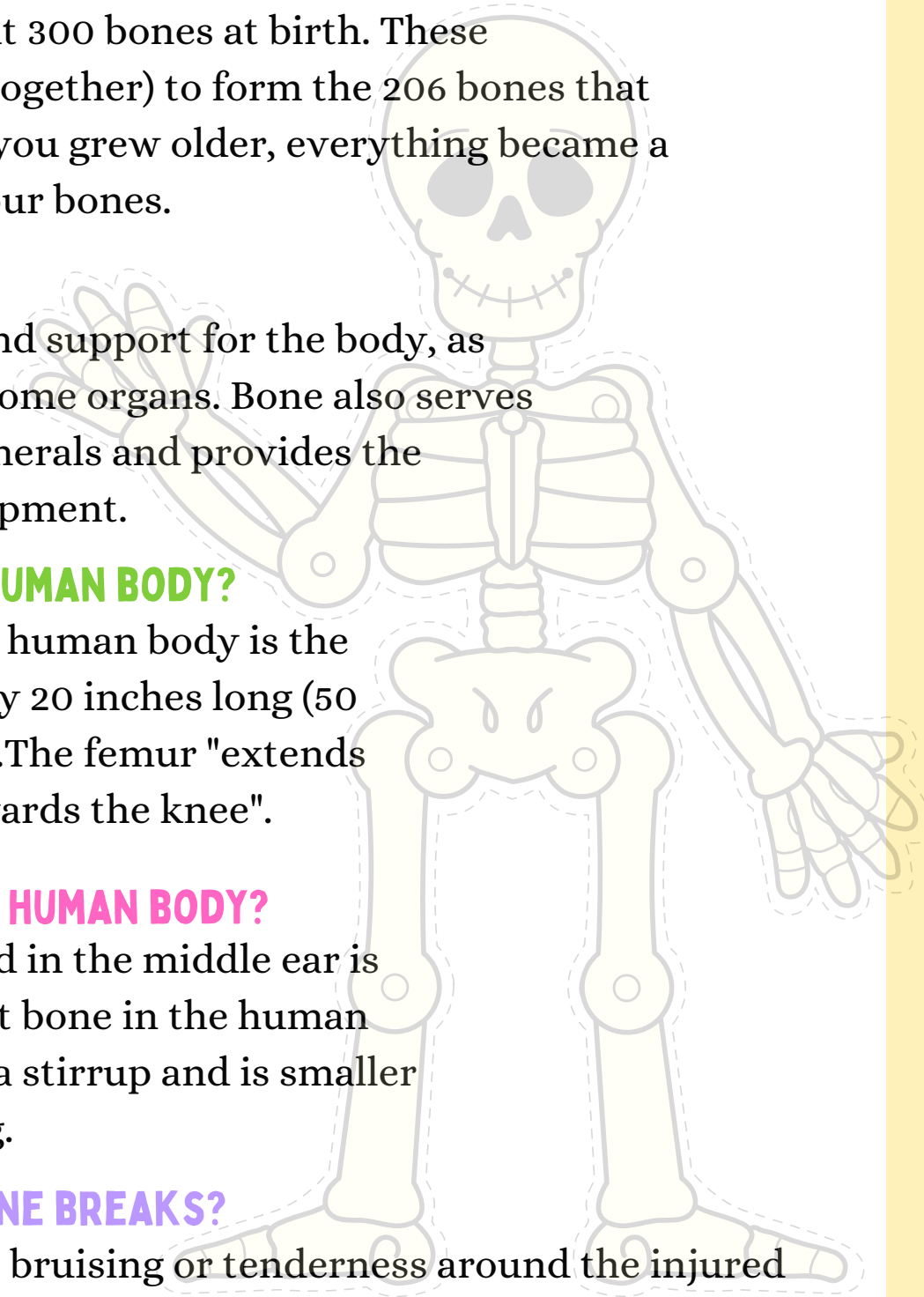
The largest bone in the human body is the femur in the leg, "nearly 20 inches long (50 centimeters) in adults". The femur "extends from the hip down towards the knee".

THE SMALLEST BONE IN HUMAN BODY?

The stapes bone located in the middle ear is considered the shortest bone in the human body. It has a shape of a stirrup and is smaller than 3 millimeters long.

WHAT HAPPENS IF A BONE BREAKS?

There may be swelling, bruising or tenderness around the injured area. you may feel pain when you put weight on the injury, touch it, press it, or move it.



YOUR TEETH

Just like trees, teeth have roots. One-third of each tooth is not visible, but you still must care for this part of the tooth.

When foods stick to the teeth, they have to be cleaned off. Sugar may taste good, but your teeth do not like it! In fact, the kids that have the best teeth are the ones who rarely eat candy and sugary foods.

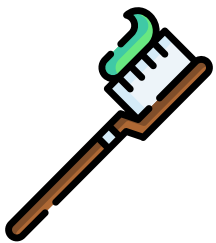
**Use a Toothbrush to
clean your teeth**

**Brush your teeth
twice a day**

**Use a good toothpaste
for better cleanliness**



HOW TO BRUSH YOUR TEETH



Put toothpaste on your toothbrush



Apply toothbrush on your teeth



Brush your teeth in circular motion

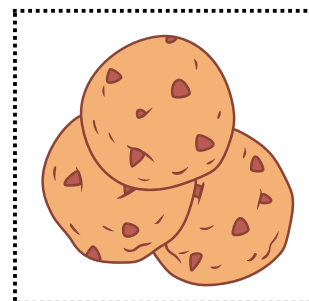
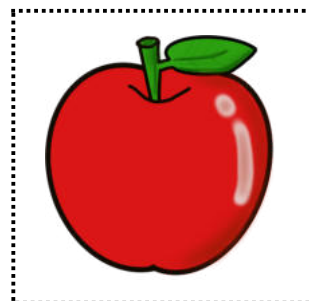
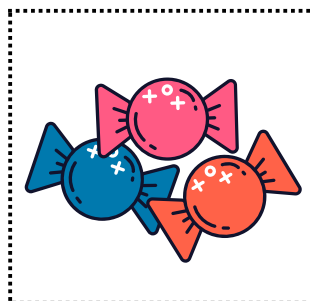
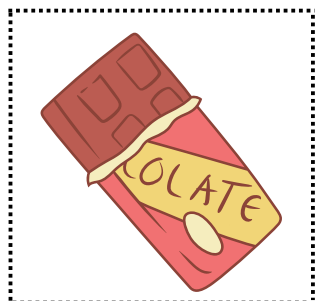
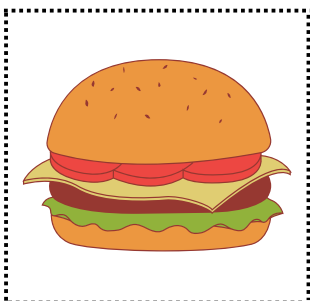
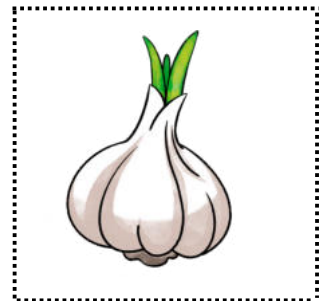
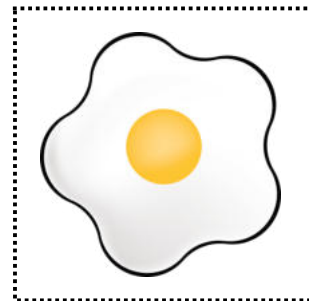
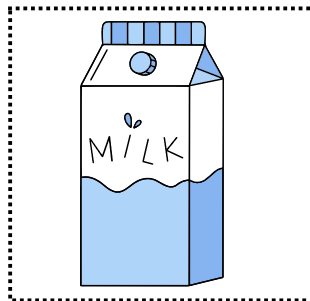
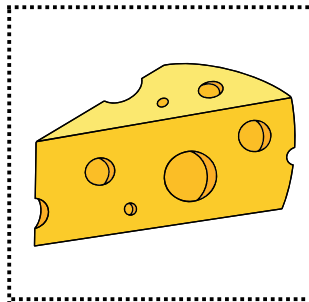
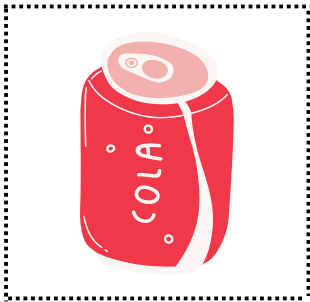


Rinse your mouth with water

BEST FOOD FOR HEALTHY TEETH

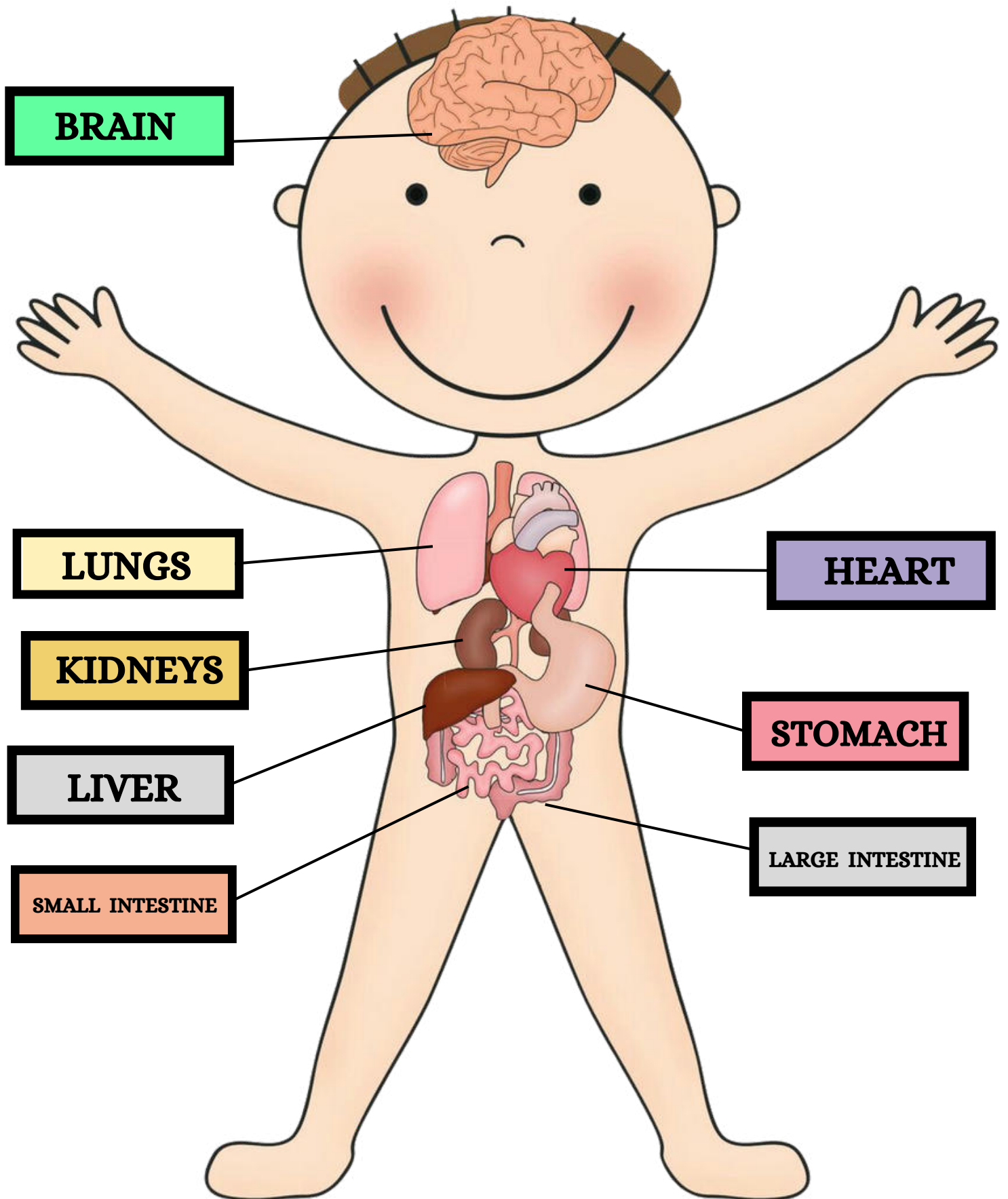


BEST FOOD FOR HEALTHY TEETH

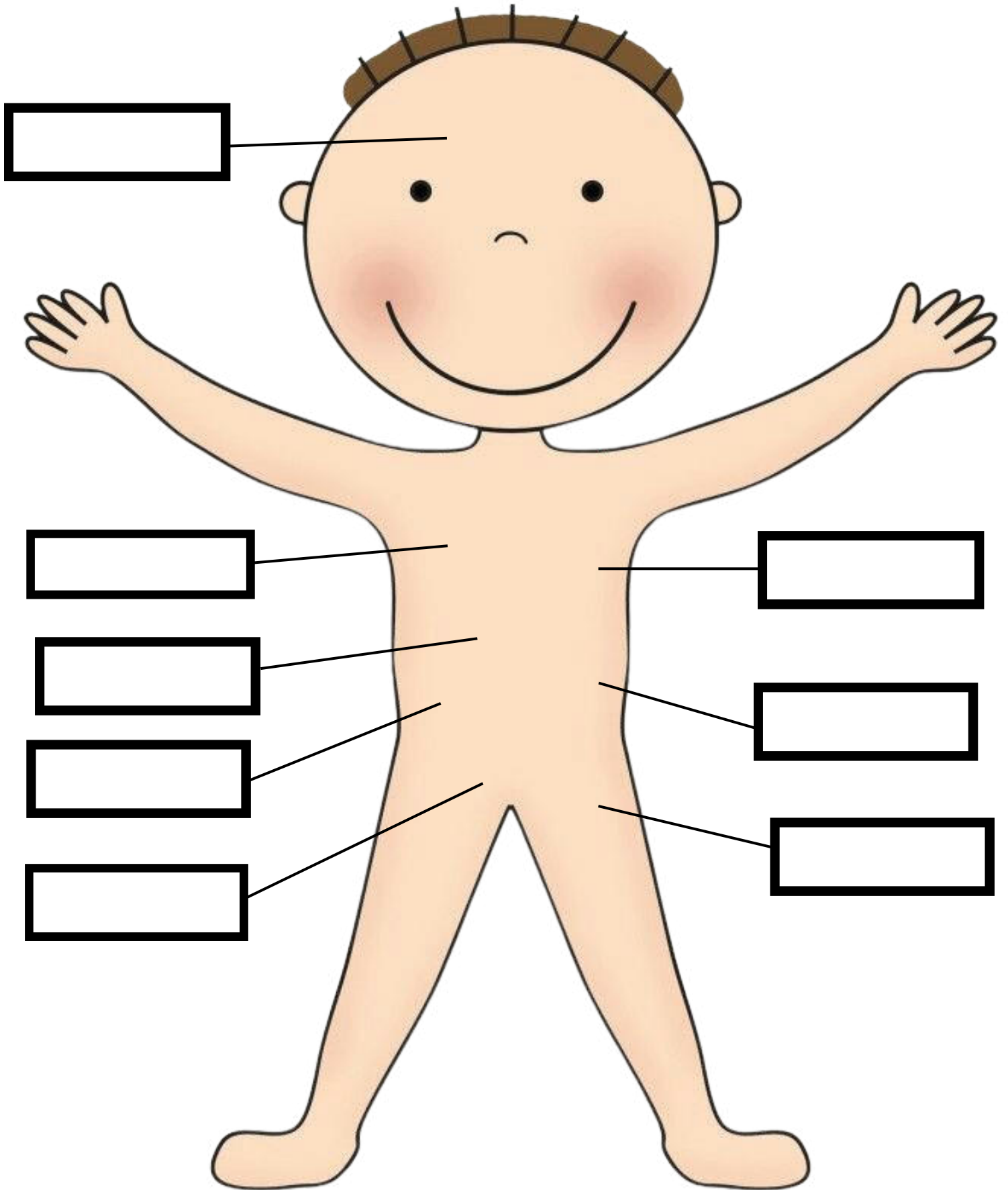


CUT OUT

MY BODY ORGANS



MY BODY ORGANS



MY BODY ORGANS

LUNGS

HEART

BRAIN

STOMACH

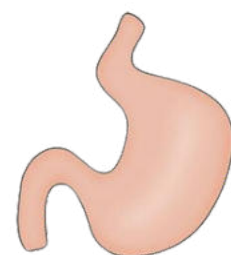
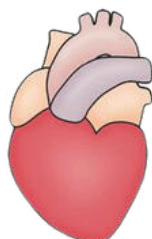
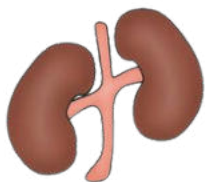
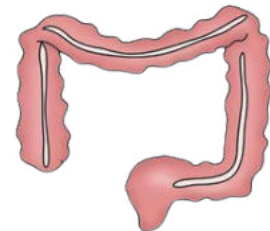
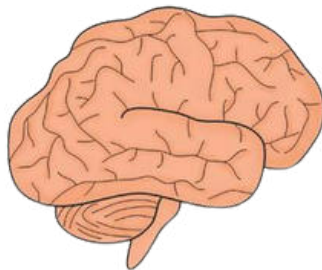
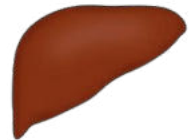
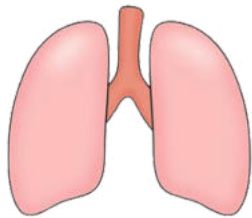
KIDNEYS

LARGE INTESTINE

LIVER

SMALL INTESTINE

Cut out the organs and place them in the correct place on the body



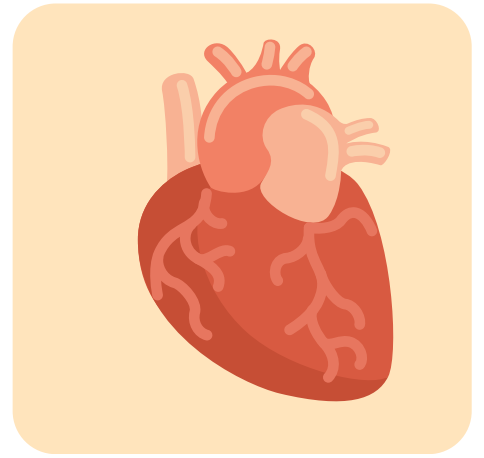
CUT OUT



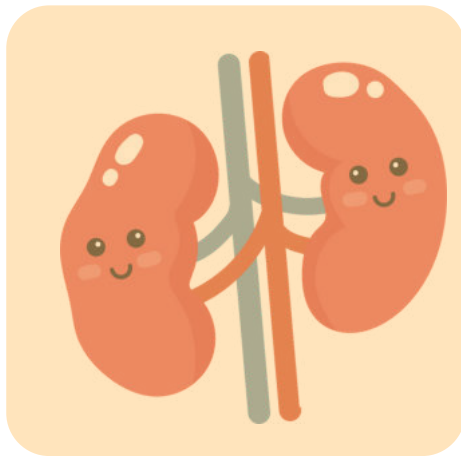
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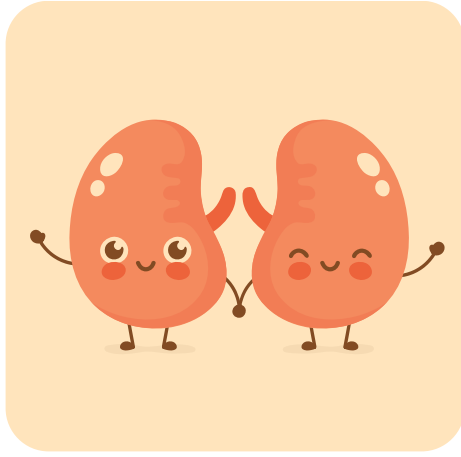
STOMACH



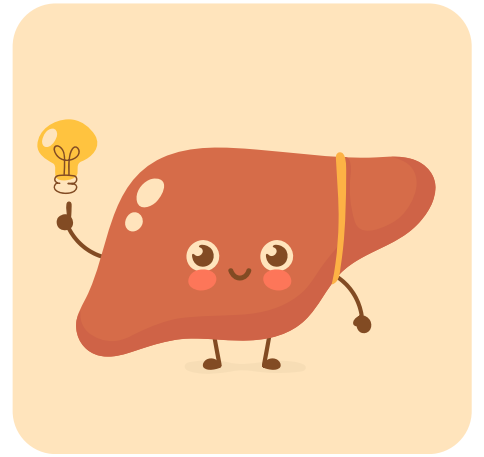
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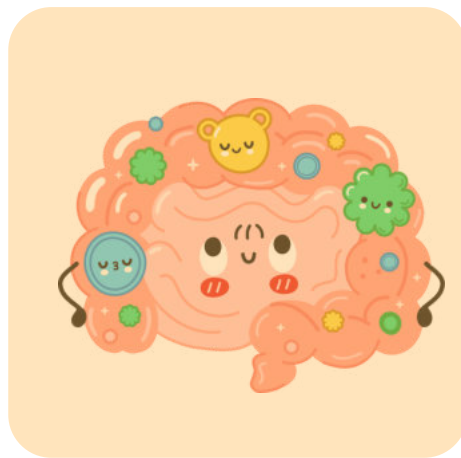
LUNGS



KIDNEYS



LIVER



INTESTINES



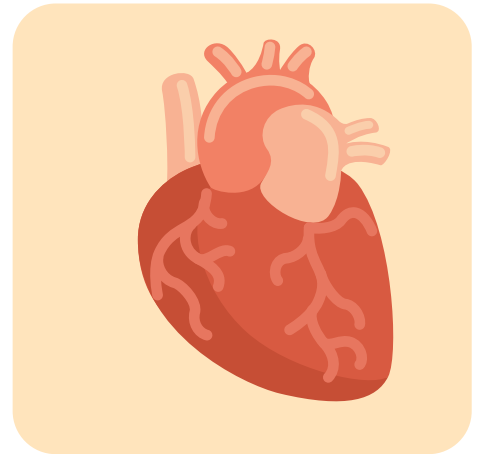
CUT OUT



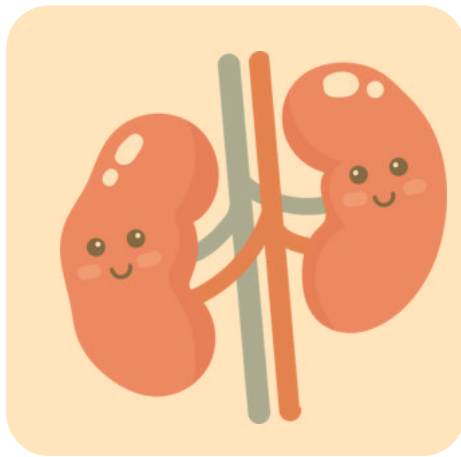
BRAIN



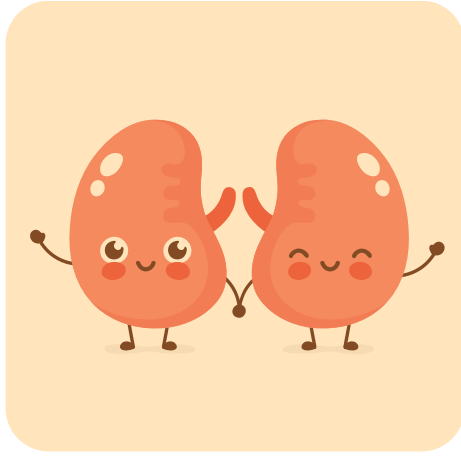
STOMACH



HEART



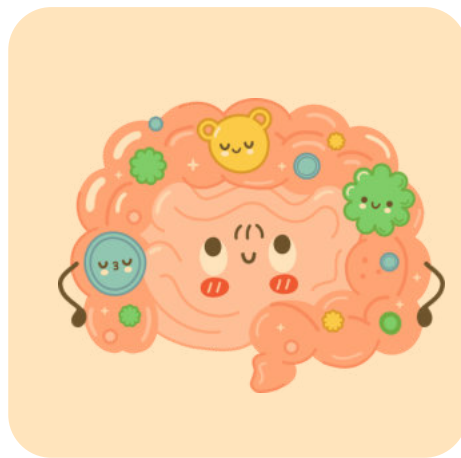
LUNGS



KIDNEYS



LIVER



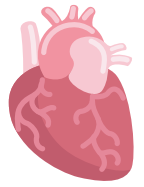
INTESTINES



CUT OUT

MY BODY FUN FACTS

The heart consists of four chambers, four one-way valves, and a set of arteries and veins that regulate the normal flow of blood within the body. The smooth functioning of the circulatory system is maintained by a complex network of blood vessels that circulate blood throughout the body and back to the heart



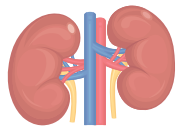
The liver is the largest solid organ in the body. It removes toxins from the body's blood supply, maintains healthy blood sugar levels, regulates blood clotting, and performs hundreds of other vital functions. It is located beneath the rib cage in the right upper abdomen



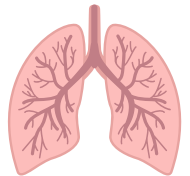
The stomach is a J-shaped organ that digests food. It produces enzymes (substances that create chemical reactions) and acids (digestive juices). This mix of enzymes and digestive juices breaks down food so it can pass to your small intestine. Your stomach is part of the gastrointestinal (GI) tract.



Their main job is to cleanse the blood of toxins and transform the waste into urine. Each kidney weighs about 160 grams and gets rid of between one and one-and-a-half litres of urine per day. The two kidneys together filter 200 litres of fluid every 24 hours.



The lungs and respiratory system allow oxygen in the air to be taken into the body, while also letting the body get rid of carbon dioxide in the air breathed out. When you breathe in, the diaphragm moves downward toward the abdomen, and the rib muscles pull the ribs upward and outward.



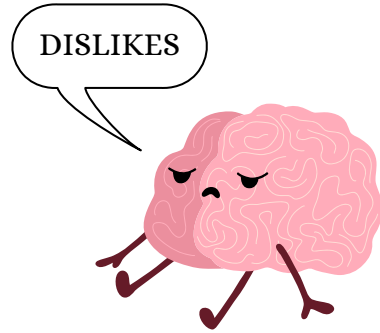
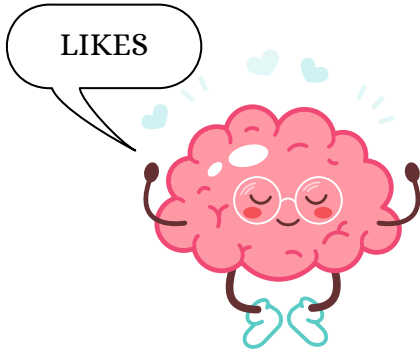
- The brain stem is between the spinal cord and the rest of the brain. Basic functions like breathing and sleep are controlled here.
- The basal ganglia are a cluster of structures in the center of the brain. The basal ganglia coordinate messages between multiple other brain areas.



The intestine is a muscular tube which extends from the lower end of your stomach to your anus, the lower opening of the digestive tract. It is also called the bowel or bowels



BEST FOOD FOR HEALTHY BRAIN



✂ cut out

